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Prayer is one of the most powerful tools a spiritual person can utilize on the path to happiness and enlightenment. Regardless of religious affiliation, prayer can open up and change your life in amazing ways, and it's something I believe all spiritual people, particularly pagans, need to get back into the practice of.

In many instances, Goddess followers tend to forget about the power of basic prayer, instead going for invocations, evocations, and/or complicated rituals. Suddenly, taking the time to speak to Goddess/God and meditate in Their energy becomes more production than spiritual rite. We forget about the simplicity of quietly sitting and offering up thanks; we gloss over the power of the spoken word when it comes to spreading energy in our lives and the world. And when you add in the complications and scheduling of everyday life, we rarely make the time to communicate with Spirit at all.

With that in mind, in May of 2010, I implemented the *39 Days of Prayer*. All you have to do is make the dedication that once a day, for 39 days, you will set aside three minutes to recite the prayer and spend time in conference with Spirit. These prayers can stand alone or be added to your daily practice. They vary in subject matter, but all work towards igniting change, and stepping out on our faith in the Divine to hear our supplications and our gratitude.

If you decide to participate in this practice, I advise you try and recite the prayer at the same time every day, as the repetitiveness helps to build energy as well as good habits. If you miss a day, don't worry and don't skip it – just recite that day's prayer when you are able to. If you miss two days or more, I recommend you start back at the beginning with Day One.

Not only will the *39 Days of Prayer* help to connect the participants with the Divine, but it will also teach spiritual discipline and provide an energetic support system. You will know that all over the world people are praying the same prayer with you. Thousands of minds, millions of

wavelengths of energy concentrating on a single goal, whether it be for your own life or the lives of others. In this act, we are learning how not only to pray for ourselves, but how to pray for friends and strangers alike, and support them spiritually in the process.

Before you make the dedication to the 39 days, be sure that you are ready to accept the major life transformations that are promised to come. Praying daily raises the consciousness, and brings things to manifestation. And like any time we change enters our lives, the experience is not always enjoyable or comfortable. Before we can thrive in our present and future, our past has to be accepted, and those things which no longer serve us must be cleansed out.

You may find yourself having to deal with issues, situations, and emotions you've been avoiding. You may even find yourself experiencing a physical cleansing, and well as a purification of the mind and spirit. If things get difficult for you, just remember that you are working towards your highest good, and that all things that come from Goddess/God are a blessing and a lesson. You will also have the energetic support of your sisters and brothers in Spirit, who are praying along with you.

Many blessings to you on your journey.

Day 1 - Preparation for a New Beginning

Gracious Goddess, Wondrous God
You who are the sun and moon,
I stand before you, open and willing for my heart to be transformed
by your light and your love.
May my eyes be opened so that I may witness
the parts of myself that I have kept hidden.
I surrender my self-doubt, and accept your gift of assurance.
Thank you Lady and Lord,
for making my transformation one of grace and ease.
So mote it be.

Day 2 – A Daily Prayer to Saule

Saule - Baltic Sun Goddess. Saule is the mother of the planets and the embodiment of the sun. She ensures the growth of vegetation as well as household prosperity. She is associated with the sea and with the underworld; the light She emits is a representation of hope during difficult times. Saule is pictured with long golden hair, and serpents are sacred to Her.

Saule, Lady of the sky
As your sun rises in the east
Bless my feet as I enter into the day
So that every step I take is divinely led.
May my mind be blessed with your wisdom,
So that my decisions are sound and pure.
Help those I love to enter into this day with hope and joy
And be at their side as they need you.
Saule, ruler of the dark and unknown
Give me faith and strength when I reside in shadows
And may the negativity of others leave me unaffected as your sun sets in the west.
Keep me and mine safe as the moon rules the sky.
Blessed be.

Day 3 – For Friends and Loved Ones

I pray for my friends
For those who have loved and supported me through
My times of joy and my times of pain
I honor them in your name Goddess,
And ask that they be blessed by your hand.
Stand with them, as they have stood with me,
Defend them when they cannot defend themselves.
Allow me to be strong and compassionate when I am needed.
Blessed be.

Day 4 – Honoring Our Ancestors

Eneke - African Goddess of Family. Eneke is the Guardian of Destiny, particular within the familial blood line. It is said Her worshippers went to war, and were threatened with extinction. Eneke offered Herself as a sacrifice in order to save Her people. She was buried alive on the field of battle, and Her tribe was saved, their lineage blessed by Her blood for eternity.

My blood is made from your water
my body from your earth
my heart from your fire
my breath from your wind.
I am made from the women and men who came before me.
I call to you Eneke, and give thanks for my ancestors
who fought for my existence.
I honor their sacrifices and their offerings.
I call to you Eneke, in gratitude and thanksgiving
For the piece of you that lives within me,
Your divine spark will carry on in my body and spirit
Along with the gifts of my ancestors
To nurture the hearts of the family who will rise from my flame and ashes.
Blessed be.

Day 5 – To See the True Self

Amaterasu Omikami – Japanese Goddess of the Sun. As ruler of the High Plain of Heaven, Amaterasu is the central figure of the Shinto pantheon. She is the highest manifestation of the universe, Her radiance shining its life-giving rays over Her people and the earth. Her beauty and light is encompassing, producing fertile fields of rice, wheat, and flowers. Her most popular and prevalent myth tells of when Amaterasu, overcome with grief, hid Herself away in a dark cave, causing the world to be plunged into darkness and despair. Only the mirror reflection of Her exuberance and glory was powerful enough to draw Her out of hiding. She is the inventor of weaving and spinning, and is represented by the mirror.

Uzume - Japanese Goddess of Laughter. Uzume is the full figured goddess of happiness and femininity. She is the embodiment of energy in action, and gives birth to light and hope. When Amaterasu hides herself away in a cave, Uzume entices her out by performing a lewd comical dance and then holds a mirror to her face so that Amaterasu may see her beauty. Bells and dancing are sacred to Uzume.

Amaterasu Omikami, Goddess of light and sun
 You hid your splendor from the world
 And humanity suffered
 But through the laughter and joy of Uzume
 You made your way back
 Allow me to learn from you, Amaterasu Omikami
 Guide me from the darkness of the cave,
 Heal the sadness and doubt within me and allow me to see my true spirit.
 Show me how to look at my reflection with honor, respect, and reverence
 And I, like you, can bless the world with my beauty.
 Uzume, Goddess of Laughter
 You are proof I can live life without shame
 and laugh without fear
 Teach me how to give my smile freely, how to laugh with my whole body and soul
 So that I may release the hurts of the past
 And move into my joyous future.
 Thank you Mothers, for your love of me.
 So mote it be.

Day 6 – Praising the Infinite

I honor the Goddess of all things known and unknown
 She who is made of shadow and light
 Chaos and order
 Who provides the balance within my heart and mind
 And loves me as I am.
 I honor the God of all things seen and unseen
 He who is made of strength and passivity
 Who cradles and sets free
 Who teaches me the power of speech and silence
 And loves me as I am.
 Blessed be.

Day 7 – The Power of Anger

Sekhmet - Punishing Goddess of Egypt. Sekhmet is referred to as the Eye of Ra, as She is the personification of God's anger. Her role as both a creative and destructive force aligns Her with women, as she represents the fire of femininity. Sekhmet protects women, bestows inner balance, and stands for righteous anger. She is depicted as a full figured woman with the head of a lion.

Sekhmet, She of Desert and Flame
 Mother of blood and strength, Devourer and Healer
 Hear me, Lady, oh hear me
 I have learned the perils of anger
 And the hurts of misspoken words and untrustworthy hearts
 But with each wound came your healing lesson
 And I thank you for this.
 I call to you now
 So that in my new experiences
 I will embrace worthwhile pursuits
 And that I may learn righteous anger
 Which is the force behind the power of change.
 When I speak my truth, may my voice rise like your roar
 And when I am slighted, may I forgive and release with ease
 Red Lady,
 Lend me your wisdom
 So that I may know when to fight and when to walk away.
 Blessed be.

Day 8 - To Embrace the Good Things

Hathor - Egyptian Goddess of Love and Music. The embodiment of success and abundance, Hathor rules all aspects of beauty, wealth, and the arts. She is the patroness of dancers and musicians, and rules all aspects of womanhood and femininity. A benign deity, Hathor bestows happiness and joy on Her followers, and is most often worshipped with fragrant perfumes, songs, and dance rituals. She is depicted as a beautiful woman with a cow's ears carrying a sistrum. Her traditional offerings are two mirrors, and myrrh.

Hathor, Goddess of Blissful Things

I am learning my lessons in anger from your mirror, Sekhmet

And I come to you to learn pleasure

I freely and fully release all things that keep me from happiness, love, and prosperity

And those things freely and fully release me.

I make room in my life and heart for your blessings

Teach me to anoint myself for pleasure

To adorn myself for passion and creativity

Prepare me for the dance that leads me to joy.

Blessed be.

Day 9 - A Simple Gratitude Prayer

Mother of the Moon and Sea

Father of the Sun and Forests

Thank you for your love, protection, and compassion.

May your presence be felt in my life this day.

Day 10 – To Recognize Prosperity

Lakshmi - Hindu Goddess of Prosperity. Lakshmi is the epitome of wealth and abundance in both the material and spiritual realms. She rules prosperity in all its forms, and widely bestows Her gifts to those who are open to receive. Celebrations of Lakshmi are held during the month of October. She is generally pictured wearing red and gold, standing on a blooming lotus with gold coins pouring from Her hands. Full moons are sacred to Her.

Mother Lakshmi,
 You who are the abundance of all things,
 You who supplies the treasures of heaven and earth,
 Hear my prayer.
 As the coins tumble freely from your hands,
 And the milk flows from your breasts
 I know that you supply me with everything I need
 to be prosperous and successful in my career,
 my home, and my relationships.
 I thank you for this.
 Glorious Lakshmi
 Your love for humanity means we will never go without
 And as the world is blinded by ideas of lack and poverty,
 Remind us that you are the true source of luxury
 Help us become open to receive you.
 Blessed be.

Day 11 – Assimilating the First Ten Days of Prayer

With the wisdom and strength of Spirit,
 I open my heart and mind to accept the transformations I have asked for.
 With the compassion and courage of Spirit
 I support the people, known and unknown, I have prayed for and with.
 Lady and Lord
 Thank you for embracing those who need you.
 Thank you for guiding me along my Divine Path with grace and ease.
 Blessed be.

Day 12 – Healing Financial Turmoil

Armathr - Prosperity Goddess of Iceland. Seen as the Goddess Incarnate, Armathr is represented as a sacred stone which was revered by Icelandic peoples. She is the mother of prosperity, money, and business matters.

Armathr, Great Goddess of prosperity and stability
I surrender my financial worries to you, and align myself with your abundance
As you are the source of all things great and small
And I know that you will supply me with everything I need in order to be wealthy in all areas of my life.
Replace my fear and worry with trust and faith
And allow my cup to overflow
So that I may not only support myself monetarily
But share my good fortune with others in need.
Blessed be.

Day 13 – Grounding in Your Power

I am still
I am focused
I am aware
I am centered in the Divine within me.
So mote it be.

Day 14 – Attaining Peace of Mind

Loving Goddess, Faithful God
Help me to calm my mind and spirit
and to consider my own strength as I travel in this world.
May I walk the divine path you have created for me with grace and ease.
Remind me that I am your instrument
and that regardless of what the situation looks like,
You are in control and have my best interest at heart.
Blessed Be.

Day 15 – Seeing the Self

On this day and in this hour
 I stand before you Goddess
 Who is rich in truth and confidence
 And I ask that you help me to see myself with your eyes.
 Allow the blinders of the world to fall away
 And let me recognize the talents and wisdom you have bestowed upon me.
 Teach me trust to your voice and to live without fear of judgment.
 Blessed be.

Day 16 – Making Sound Decisions

Hekate - Witch Goddess of Greece. Hekate is the Crone aspect of the Triple Goddess, forming the triad with Persephone and Demeter; though She also appears as having three faces unto Herself. She has power over heaven, earth and the Underworld, and is often referred to as the Queen of Ghosts. As the guardian of the spiritworld, She protects ghosts from harm and from causing mischief. Originally a goddess of the wilderness and childbirth, Hekate is most often associated with the crossroads, a place of spiritual wisdom and dark intuitive magick. The ultimate sorceress and diviner, Hekate teaches Her followers the path of the witch, and guides the seeker to the depths of the unconscious mind.

Hekate, Goddess with Infinite Wisdom of worlds known and unknown
 Hear my prayer.
 In this cycle of life I will stand before many crossroads
 Decisions will need to be made with a sound mind and a balanced heart
 I call to you to as Mistress of the Path
 And ask that you aide me in these times of need.
 Guide me to the hidden parts of my consciousness
 Teach me to access the knowledge I need without fear of what I may learn
 And my each of my decisions lead me to wholeness and work towards the benefit of all.
 You have my eternal gratitude Hekate, and my word that
 I will honor my choices as a true child of yours.
 Blessed be.

Day 17 – Surrender

Lady and Lord,

I feel your love for me in every breath and in every lesson.

Thank you for supplying me with all I need to live a life of wholeness and charity.

And because I know that you are the beginning and end, the Energy of All, and you live in every part of me

Because I know your goal is my health and happiness, and because I have the utmost faith in you,

I freely and fully release my ideas of what is best for me

I release my attachment to my plans

I release my attachment to my possessions and finances

And I open my heart and spirit to accept your guidance, so that my love and life may be used for the benefit of all.

I gently release the people who no longer serve me on my divine path, whether they are family, friends, or acquaintances,

and they fully and freely release me

so that there is room for you, Lady and Lord, to fill my life with people who love and respect me.

I release the thoughts of what I should, could, or would be

And accept who I am in your eyes, Goddess and God.

I receive the many blessings you have for me.

I accept and honor the will of the Divine in my mind, body, and spirit.

I am ready for my life to change.

Blessed be.

Day 18 – For Humanity

I pray for those in need, Goddess

May your powerful essence flow across the earth

Healing those who cannot heal themselves

Strengthening those who cannot rise on their own

And giving voice to those who suffer in silence.

May we come to know your divine compassion through the actions of others

Bless your chosen with the will and tools to inspire change

And may your love keep us safe from harm.

Thank you Goddess.

Blessed be.

Day 19 – For the Gulf

Yemaya - also Yemoja, Iemanja. African Goddess of Water. Yemaya is honored throughout West Africa and the Caribbean as the mother of the sea and the moon. She is the keeper of the female mysteries and a guardian of women. She aids in the conception of children and their birth, protecting and blessing infants until they hit puberty. She is a healing goddess, showing compassion and kindness to those in need. Yemaya is the personification of rivers and bodies of water, and is often depicted as a mermaid.

Chalchiuhtlicue (pronounced chal-chee-OOT-lee-kway) - Aztec Goddess of Water. Mother of lakes, streams and the sea, Chalchiuhtlicue translates as Jade Skirt, or Lady Precious Green. She is a fertility deity, presiding over the birth of children and blessing them during their first bath. She is depicted dressed in clothing decorated with water lilies, holding a rattle in Her hands. Chalchiuhtlicue's shrines and temples were built near streams and irrigation ditches, and She is mainly honored by those who make their living from water.

In you Yemaya, all things are possible,
The tide ebbs and flows at your command.
In this time of tragedy
I pray for the healing of your seas
and for your aid in sustaining the life that depends on its waters.
May my will and energy combine with yours
Allow me to be of use, either in spirit or in body.
And I pray, Chalchiuhtlicue
That your wisdom integrates with the minds of the young
So that they learn how to care compassionately for the waves that sustain our existence.
Blessed Be.

Day 20 – For the Earth

Aja – West African Goddess of Forests. Aja is worshipped throughout Nigeria and in the New World Yoruban tradition as wise woman and healer. She rules over forests, woodlands, and the medicinal herbs found within them. She teaches herblore to her followers, ensuring the physical and spiritual health of the tribe.

Corn Woman - also Corn Maiden, Corn Mother, Yellow Woman. Native American Goddess of Sustenance. Many Native American tribes honor Corn Woman, the personification of maize and the fertility of the earth. She is a triple goddess as She grows from young to old, eventually sacrificing Herself so that Her body may nourish and seed the earth with corn, so that the people may live and eat. Corn Woman teaches her followers how to properly pray and honor their deities, as well as how to sustain health through the cultivation of food.

Gaia - Earth Goddess of Greece. Gaia is the primordial mother of the gods and all creation sprang from Her union with the sky. She is the embodiment of the earth and land, carrying the sea and mountains upon Her breast. She is represented by all things green and lush, and is depicted as a full figured woman rising from fertile soil.

I pray for the healing of the earth
 Of soil, trees, and sand
 And the safe existence of all creatures within.
 Gaia, Corn Mother, Aja
 May the land be nourished.
 Corn Mother, Aja, Gaia
 May life be nurtured.
 Aja, Gaia, Corn Mother
 May growth be embraced.
 Blessed be.

Day 21 – Gratitude

Lord and Lady,
 Thank you for the love in my life
 Thank you for the calm of my spirit, and for teaching me to trust myself.
 You shower me with blessings every moment of every day
 and I give thanks that I am able to recognize these gifts in all their forms,
 and that I am able to honor others with the generosity and love you have shown me.
 Blessed be.

Day 22 – Connection

I enter into this day with the intention of self evolution
That I may grow and change into the healthy, whole person I am meant to be
Keep me mindful, Goddess
of your light that lives within me
I know you whisper to my mind, heart, and spirit
Prepare me to hear your voice as loud and clear as my own.
Help me to trust my intuition without fear, and to embrace my insights without embarrassment.
Teach me to sit still, and to wait on your instruction in all situations.
Remind me that no answer is my answer.
And please impart these lessons Goddess, with gentleness and love.
Thank you, Lady.
Blessed Be.

Day 23 – Manifesting Dreams

Spider Woman - Creatrix Goddess of Native America. Spider Woman is known throughout many Native American tribes as the Great Teacher, the Creator of Life, and the weaver of dreams. She is the guardian of all existence on earth and She uses Her power to weave the fabric of time and to bind physical reality to the unknown.

Spider Woman, Weaver of Dreams and Great Teacher
You walk between the worlds, spinning and connecting the threads of reality
Teaching humanity how to change dreaming idleness into waking action
I honor you, and give thanks for your awareness.
I humbly call to you now
as the time has come for me to create the abundant life I am meant to have.
As you teach me to weave the pattern of existence
Bless me with the insight to separate my illusions from my truth
Allow my dreams and goals to align with my highest good.
I now step into your line of sight, Spider Woman
Where with your power healing and strengthening my will,
I create, build, and manifest.
Blessed be.

Day 24 – An Evening Prayer for Insight

Goddess/God

You who are the All and the Void

Thank you for wrapping your essence around me as I sleep, and keeping me from harm.

And as I rest, may the pieces of my energy

that I have knowingly and unknowingly separated from my body and spirit
come home to me.

In my slumber I am revived, made whole and complete,

ready to accept the wisdom and insight you provide me in dreams.

I embrace and hold you to me, Goddess/God

And I am grateful for your protection and instruction.

Blessed be.

Day 25 – All-Purpose Prayer for Another

Goddess/God

I raise my voice on behalf of _____

That he/she may have joy.

As you are the ultimate supply, Goddess/God

I pray that you provide _____ with everything he/she needs in order to be
healthy and whole.

May her/his spirit find peace

and may she/he know that she/he is loved.

Blessed be.

Day 26 – For the World Leaders

I pray for the governments of this world,
that those we have chosen as leaders will be enriched with the wisdom and compassion of Spirit
so that they may lead our countries with honesty and integrity.

May our presidents, our kings, and our queens
be reminded of the needs of the people, and may their need to serve and heal
outweigh the desire for power and riches.

Grant our world leaders the power of discernment, Goddess/God

May their hearts be empathetic and strong, so that their actions reflect
what is best for all living things on this planet.

Teach our leaders to love the truth,
and supply them with intelligent advisors and competent staff who do the same.

I thank you Spirit, for supporting humanity in this.

Blessed be.

Day 27 – A Morning Prayer

On this day I am blessed Spirit's love and light
And I pray that everyone I come in contact with
feels the positive influence of the hope and joy which fills me.

Thank you Goddess/God/Spirit.

Blessed be.

Day 28 - Sharing the Love

I thank you, Goddess/God/Spirit
for the many blessings you have given me
And I thank you
for giving me the opportunity today
to share those blessings with others.
I know that you work through people, Goddess/God/Spirit
And I dedicate myself as an example of your goodness.
Whether it is family, friend, or stranger who is in peril
I will listen for your voice and instruction,
and do my best to supply them with the support they need
so that they may feel your presence in their life.
Thank you, Goddess/God/Spirit
for this chance to serve you.
Blessed be.

Day 29 - Confidence

On this day I give thanks to Goddess/God/Spirit
for granting me the experiences
that develop my strengths and teach me confidence in myself.
I trust my decisions today,
because I choose my path with a clear mind and a loving heart.
Blessed be.

Day 30 - For the Home

Thank you Goddess/God/Spirit
For supplying me with a peaceful home
and for making my house a sanctuary for all who enter.
Negative feelings are left outside my doorstep for
the love you have for us radiates through the walls
transforming ill will into compassion and peace.
Allow my family to start each day with a optimistic outlook and joy in their hearts,
And may they carry that energy with them throughout their day.
Blessed be.

Day 31 – Aligning the Self with Spirit

Today Goddess/God/Spirit
I will follow your divine example.
I will practice my faith with patience,
I will show myself love and nurturing.
I will be gentle with others,
I will work to heal the land.
From this day, Goddess/God/Spirit
I will be a mirror, a reflection of your light.
Blessed be.

Day 32 – For a Healthy Physical Body

Goddess/God/Spirit,
I place the wellbeing of my body into your hands.
Thank you for freeing my body of aches, pains, and discomfort.
By your blessing and power, any illness I carry in my physical body, known or unknown, is now healed and I am free from harm.
Thank you for restoring my health,
and for giving me the strength and wisdom I need to maintain my healing.
May I be supplied with healthy foods and clean water,
May I discover the joy in movement and a respect for my body,
and may my will be supported by your love for me.
Blessed be.

Day 33 – For the Health and Healing of Another

Goddess/God/Spirit
I pray for _____
That the illness in her/his body be healed and that he/she is released from suffering.
May his/her mental state be eased as she/he moves into a place of healing.
May she/he be able to make decisions from a place of confidence and strength,
and find the support that she/he needs in order to live a healthy and full life.
Thank you Goddess/God/Spirit for hearing and answering my prayer.
Blessed be.

Day 34 – Dedication

Thank you Goddess/God/Spirit
For teaching me consideration,
Gratitude, forgiveness,
And compassion.
I will share these lessons with the world.
Blessed be.

Day 35 – Working for Understanding

Pax - Roman Goddess of Peace. Pax is the personification of peace. She bestows contentment and joy and is invoked during barter and negotiations. Pax is pictured holding olive branches, or a staff.

Pax, She of calm and olive branches
I call to you for peaceful compromise.
When anger and misunderstandings are all that can be heard, I ask that your grace fills the moment.
May I be balanced in all my negotiations
whether I am discussing my career, my relationships, or my wellbeing.
Teach me to stand and speak for myself with honor and truth.
Please instruct me on how to listen with empathy and fairness.
And may those I speak with be open and willing to meet me on common ground.
Thank you Pax, Goddess of peace.
Blessed be.

Day 36 – Becoming Tolerant and Accepting of Others

As the world moves in confusion and intolerance
I pray to you Goddess/God/Spirit
That the love and harmony of your existence flows over the planet
And enriches the life and spirit of every man, woman, and child so that they may know peace
and understanding.
Teach us accept one another, Goddess/God/Spirit
Show us how to embrace friends and strangers with love and respect
Remind us that though we all walk different paths
We are all seeking your light.
Blessed be.

Day 37 – Accepting Love

On this day Goddess/God/Spirit
I release the sadness and loneliness of the past
And I consciously take action to heal my heart
so that love in all its forms may enter into my life.
I ask for your guidance in this Goddess/God/Spirit
Lead me to the people who will cherish me and easily share their affection.
Blessed be

Day 38 – Freeing the Heart and Mind

You know the desires of my heart better than I, Goddess/God/Spirit
Help me to recognize and separate the things I want from the things I need.
I pray now to be aware and accepting of the things I need
to make my life one lived in happiness, charity and peace.
I pray for the faith and strength to release the things I want
if they do not serve the divine path you have laid for me.
May the wisdom of Goddess/God/Spirit guide me and comfort me.
Blessed be.

Day 39 – Gratitude

I inhale and receive your love

I exhale and share it with the world.

Goddess/God/Spirit

I thank you for walking with me on my life path

Thank you for guiding the evolution of my mind,
for opening my heart and spirit to receive.

Thank you for transforming me so that I may live a positive existence
and influence all I come in contact with.

May I always serve your divine will.

Blessed be.